



Coaching for Leadership, for Growth, for Success



Hello, my name is Isabel Valle and I am a certified and accredited Global Coach and the Founder of Global Room. I work with everyday leaders and people at all levels to bring about change and growth, particularly in the areas of leadership, career development, balance, communication, personal and interpersonal effectiveness and transition and adaptation. My motivation has always been to help people grow and succeed. I possess an unconditional belief in people, seeing the amazing potential that is hidden within all of us. My coaching services are designed to facilitate positive behavioural change for individuals and cultural shifts for organizations. A methodology focused on solutions, coaching promotes and strengthens professional performance and personal success.

Expatriate Coaching

The world is getting smaller and our communities are becoming more diverse. We find ourselves moving half way around the globe on expatriate assignments, engaging in a cross-cultural relationship or partnership, running a virtual business with employees overseas, and managing intercultural teams. What is the secret to success amidst all this diversity? How can we manage frustrations in our expatriate lives and be effective across cultures?

Currently 1 out of 3 expatriate assignments fails or terminates early. The two main reasons given are failure to understand and fit in with the local culture and the inability to make the new location feel like home.

Both of these issues can be addressed by a structured expatriate coaching service, in making sure that the expatriate creates a new "home" away from home, and is provided with support, specially for the accompanying spouse.

Life Coaching

A coaching relationship is all about you, the client. It is about your goals, about what you want out of life, and about what can help you get there. It is about being in a partnership with someone who is always there for you – ready to listen without judgement and provide support with no strings attached, with complete confidentiality. A coach is someone who is totally curious about your dreams, aspirations, and values; someone who will hold you accountable and keep you moving forward; someone who will help you focus and stay on track. Someone who will see the best in yourself and will help you reach your untapped potential through the creation of unique goals and a realistic and meaningful action plan to help you get there.

People come to coaching for many different reasons, but the bottom line is change. If you are ready to begin a journey towards making your big vision a reality but don't want to do it alone, then coaching is for you.

Executive & Leadership Coaching

Today's leaders are faced by a time of unprecedented organizational change and complexity.

Team issues, customer demands, budgetary constraints, operational excellence, getting and keeping the right people...expectations of organizational leaders are high.

Fortunately, leaders are no longer expected to go it alone.

Executive Coaching is a focused and effective way to help leaders meet the challenges they face.

Coaching supports the development of leaders via enhanced ability for providing vision and direction, accelerating change, motivating and energizing people and teamwork, unleashing potential, creativity and innovation.

When Executives and managers become more effective leaders – by facing their personal challenges and growing from them – everyone in the organization benefits.

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In today's world we all have to think broader, work smarter, adapt quicker, and relate to each other better. Coaching provides the facilitation of **success strategies** for leaders of all walks of life.

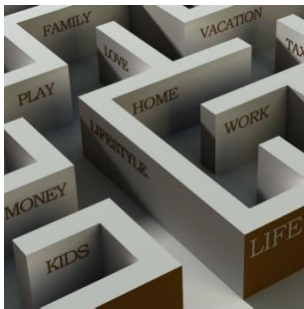
Coaching is a very results-oriented process that focuses on **sustainable performance improvements** for both individuals and teams.

I help my clients see issues for what they are, and work to discover solutions that are a right fit for them. Coaching is confidential, convenient and cost effective. The new knowledge gained throughout our discussions will provide you with a significant **competitive advantage**.

Coaching is a collaborative relationship, which facilitates the learning, development and performance of an individual, promoting positive sustainable behavioural change.

The goal of coaching is to guide vision, urge excellence and unlock the individual's true potential, through facilitating increasing awareness and accountability, and inspiring action that builds to achieve desired outcomes.

Coaching also aims to reduce interference such as fear and doubt and remove barriers to learning.



Regularly scheduled one-on-one meetings, phone or Skype coaching sessions are helping leaders from around the world build a path to success.

I assist in transforming people from all walks of life all over the world by working with them to understand expectations, create self-awareness, resolve daily issues and integrate new behaviours. It enables you to identify root causes and expand your capacity to take effective action and achieve desired goals.

Coaching deepens your awareness of your unique strengths as a foundation for improvement. You are also challenged, supported and encouraged as you explore and practise new ways of doing things.

Leadership and Expatriate Coaching will help you, among others:

- ✓ Develop your leadership abilities
- ✓ Improve interpersonal skills
- ✓ Move beyond self-imposed limitations
- ✓ Align your actions with meaningful objectives
- ✓ Formulate clear and focused solutions to challenges and difficulties
- ✓ Better manage yourself and others through increased personal effectiveness
- ✓ Improve your decision making skills
- ✓ Communicate with confidence to people at all levels
- ✓ Improve your problem solving abilities
- ✓ Develop a flexible leadership style
- ✓ Become a strategic and creative thinker
- ✓ Balance work and life priorities



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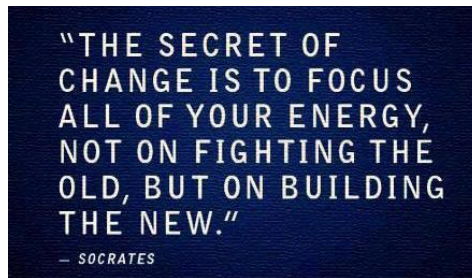


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I am passionate about helping people succeed. I am available to coach anyone, anywhere who is ready for change. My goal is to empower you to succeed. You will leave the coaching session feeling energized, validated, clear on what steps to take next, and empowered to pursue your passions. The results are transformational and life changing.

If you are considering making a commitment to changing and improving your life, either personally or professionally, then let me help you create an exceptional interactive learning experience. Simply drop me an email or give me a call so we can set up a complimentary discovery session at a mutually convenient time. And if you are interested in getting additional insights about coaching and inspirational resources to keep you moving forward, then Like Me on Facebook at [globalroom](#).

Your life will never be the same if you are ready to invest in yourself, explore, dream and create your best life yet. Coaching helps you maximise your potential and create a success mindset to allow you to perform at your best in any areas of your life. It is time to take responsibility for your own life and actions, for achieving goals you never thought possible, for living the life YOU desire... The decision is yours!



Why choose me?

Originally from Spain, I now live in the heart of the Borneo Jungle, in Brunei Darussalam. I have lived and worked in many different places and countries across 3 continents over the last 18+ years. I thrive through change, adaptation and integration into new environments or roles, immersion into new cultures, creation of new support networks and routines, relationship pressures, cultural diversity and finding “yourself” in a complete new place. I am very familiar with all challenges faced by global citizens, and I can relate to global issues. I know first hand how hard it is to arrive in a strange country and have to start building a new life for yourself, and I would have loved the support of an expatriate coach to make my settlement process a lot easier. As a result of my experiences I now offer a combination of practical and emotional support to help you or your employees and their families to not just survive the ride, but to actually enjoy it.

I have also been the frantic Executive and I have been the stay-at-home Mum. I know the pleasures and pitfalls of each stage and the struggle it is to try and do it all. I have experienced the challenge of trying to please everyone else and still have some time for yourself, and having see-sawed wildly, I now have goals that are realistic and achievable and I am much happier for it, and I would like to help you achieve that balance in your life too.

My personal experiences, my advanced certified and accredited studies in this area and my on-going professional development have equipped me with some great tools which I know can work for you too, and I also have the advantage of working with clients from different countries, cultures and backgrounds, which helps me learn constantly something new.

Contact me to find out how we can work together to help you succeed and excel at all levels.

Click [here](#) to find out what some of my clients are saying about their coaching experience.

[You create your life, you create your future.](#)



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